



Counseling for families with children

Are you worried about your child who is between 0-6 years, you can get counseling and guidance from the Department of Child Development. All families can approach us. The counseling can be anonymous and is free of charge.



**Aalborg
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You can consult us with your worries

For example if the child:

- Has trouble eating or sleeping
- Has difficulty with potty training
- Is challenged in contact with other children or adults
- Is anxious
- Is restless or distracted
- Often complains of having stomach ache or headache
- Is often ill.

You can experience concerns yourself.

For example if you:

- Are restless and upset during your pregnancy
- Are sad and restless after birth
- Feel it's hard to be a parent
- Are concerned that your child is not developing like other children of the same age
- Experience that parenting is hard
- Have any other concerns regarding your child

Get help

In Aalborg, nurses, social workers, educators and psychologists work in union with Family Oriented Work. We offer counseling and guidance regarding your child's development and upbringing.

We can:

- Offer you advice and guidance in the family.
- Provide advice in collaboration with your day care, private day care etc.
- Examine and clarify the child's needs for special effort in the day care, institution, etc.
- Offer an interdisciplinary, coordinated effort in close cooperation with the family
- Follow up on the advice and efforts set in motion
- Ensure cooperation with your general practitioner, midwife, pedi-atric ward, etc.
- Facilitate contact with medical, social, educational, psychological or other expertise

If your family or your child is already affiliated with a Family Group, you should approach them.





Feel free to contact Department of Child Development in your neighbourhood

Delområde Centrum

Phone: 9931 3352

Phone hours: Monday - Thursday

From 08.30 am - 09.30 am

Delområde East

Phone: 9931 1326

Phone hours: Mon., Wed. And Friday

From 08.30 am - 09.30 am

Delområde Southwest

Phone: 9931 9210

Phone hours: Mon., Wed. And Friday

From 08.30 am - 09.30 am

Delområde North

Phone: 9931 1419

Phone hours: Monday - Thursday

From 08.30 am - 09.30 am



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